

Cashmere School District

Special Dietary Procedures and Accommodations

The Cashmere School District will provide access to healthy meals to all children, including children with disabilities who have special dietary needs. Under the law, a disability is an impairment which substantially limits a major life activity, which can include allergies and digestive conditions, but does not include personal diet preferences. Reasonable modifications to meal(s) will be made on a case-by-case basis to accommodate disabilities which restrict a child's diet.

- Requests for special dietary needs are made by the parent or guardian providing the district with a complete request for [Special Dietary Accommodations form](#).
 - The form MUST include the following:
 - Foods to be omitted/avoided from the child's diet
 - How the ingestion of the food impacts the child
 - Foods to be substituted
 - Signature of a State-recognized medical authority (a licensed care professional authorized to write medical prescriptions in Washington State)
- The Special Dietary Accommodations form is located on the Cashmere School District website. It is located in the Health Services as well as Food Services.
- The parent must complete the [Special Dietary Accommodations form](#) and return it to the school nurse.
- The School Nurse and the Food Service Director will work together to make the necessary arrangements to provide the student with the requested accommodations.
- Special dietary needs will be provided at no extra charge.
- The school nurse will have continued communication with the food service department that would include:
 - New special dietary needs
 - Updated restrictions